



## Cat food recipe

(adapted from recipes at [catnutrition.org](http://catnutrition.org) and [catinfo.org](http://catinfo.org))

Per **one pound** Hare Today ground meat/bone/organ add:

- 1/3 to 1/2 cup water (3 to 4 ozs)
- 700 to 800 mg wild salmon oil (3/4 softgel or 1/4 teaspoon liquid)
- 3/4 raw egg yolk
- 140 to 160 IU Vitamin E (less than 1/2 capsule E-400)
- 35 to 40 mg Vitamin B-complex (1 B-50 capsule or 1/4 teaspoon B-50 powder or 1/2 B-100 capsule or 2 B-Right capsules)
- 800 to 900 mg taurine (1 capsule or 1/4 teaspoon powder)
- If using meat/bone (without organ), add 1.5 oz liver or 10,000 IU Vitamin A and 400 IU Vitamin D (1 capsule)
- Optional: 1/4 pound chicken hearts (for dental health)
- Optional: 1/4 teaspoon iodized Lite salt (recommended for poultry)

Per **two pounds** Hare Today ground meat/bone/organ add:

- 3/4 to 1 cup water (6 to 8 ozs)
- 1600 mg wild salmon oil (1-1/2 softgels or 1/2 teaspoon liquid)
- 2 raw egg yolks
- 320 IU Vitamin E (scant 1 capsule E-400)
- 80 mg Vitamin B-complex (1-1/2 B-50 capsules or 3/8 teaspoon B-50 powder or 3/4 B-100 capsule or 3 B-Right capsules)
- 1600 mg taurine (1-1/2 capsules or 1/2 teaspoon powder)
- If using meat/bone (without organ), add 3 oz liver or 20,000 IU Vitamin A and 800 IU Vitamin D (2 capsules)
- Optional: 1/2 pound chicken hearts (for dental health)
- Optional: 1/2 teaspoon iodized Lite salt (recommended for poultry)

Per **five pounds** Hare Today ground meat/bone/organ add:

- 2 cups water (16 ozs)
- 4000 mg wild salmon oil (4 softgels or 1 teaspoon liquid or 1 pump liquid)
- 4 raw egg yolks
- 800 IU Vitamin E (2 capsules E-400)
- 200 mg Vitamin B-complex (4 B-50 capsules or 1 teaspoon B-50 powder or 2 B-100 capsules or 8 B-Right capsules)
- 4000 mg taurine (4 capsules or 1 teaspoon powder)
- If using meat/bone (without organ), add 7.5 oz liver or 50,000 IU Vitamin A and 2,000 IU Vitamin D (5 capsules)
- Optional: 1 pound chicken hearts (for dental health)
- Optional: 1.5 teaspoons iodized Lite salt (recommended for poultry)

**Note:** Supplement quantities given reflect amounts using specific supplements sold at [mousabilities.com](http://mousabilities.com). Supplement strengths may vary.